

Food Sensitivity (Nutrition) Course Description **August 25th & 26th 2024**

As in the SR 4 seminar - Working on Emotions, we had the opportunity to clearly "localise" the Organ Reflex Points (ORP) through pairs of emotions. In this seminar we are going to determine the best nutritional factor to bring the the same ORP.

We will do it through the knowledge of:

- use the reflexes of the organs;
- specific muscle tests to determine the nutritional needs of your body (Specific Response Test);
- use the "Riddler" points to identify the nutritional factor to be balanced;
- seven different ways to determine whether your body as a whole can handle those nutrients or foods that contain them;
- give priority to your nutritional needs;
- how to carry out the sensitivity screening test.

Furthermore, we will see how to carry out the same tests on animals and plants, check the toxicity of the environment, test the air quality and many other things.

Prerequisites: Stress Release 4: Working with Emotions

Duration: 16 hours

Cost: €288 for 2 days, €576 for the entire package

10% discount if paid 30 days in advance €520

Info and booking – 351 9496 491

For accommodation - <https://www.valtidoneverde.it/>

Description of the HyperSensitivity (Allergies) Course 27 & 28 August 2024

In the Food Sensitivity - (Nutrition) seminar, we had the opportunity to identify the natural "Food Factors" or as supplements to balance the PROs. In this seminar, after a brief introduction of the general medical vision of the problem, it is formed in two parts where We will learn:

First – how to work in general on the environmental and food hypersensitivities that afflict so many people, through balancing the main energetic factors that are out of balance in these cases;

Second – dealing with specific situations that “mark” the body in a profound way on the cellular memory of the muscles related to them through the 20 meridians of the body.

So, in the first part we will deal with:

- Dehydration as underlying factor;
- Physical connection and corrections (TFH) related to the immune system and adrenals;
- Main nutritional factors to balance and why;
- Solar plexus, HCl reflex, related muscles;
- Immuno-competent personality;

In the second part, we will see different approaches to the problem:

- how to perform the correction of Applied Kinesiology, Barhydt and others;
- acceptance procedure;
- Use J. Barton's book “Allergies – how to find them and overcome them”;
- Hay fever, allergic rhinitis and related muscles.

Inoltre vedremo come mettere tutto insieme il materiale e altro.

Prerequisites: Food Sensitivity (nutrition)

Duration: 16 hours

For costs and information see first page